



## Mekong Delta – Cycle Tour

Saigon return – 4 days/3 nights

The bicycle is a perfect way to discover the distinct scenery of the Mekong Delta known as the “fruit bowl of Vietnam”. The adventure begins in Vinh Long and visits islands in the Mekong, the Khmer temples that abound in this region, the lotus pond of Can Tho and the floating market of Phong Dien. Ride over quiet back roads passing local schools, fruit orchards and many of the cottage industries that make up this delightful part of Vietnam.

This trip covers approximately 214 kilometres on well surfaced roads. The daily distances are not too long and the terrain is gentle so the trip is suitable for most people. The route is designed to take you off the main roads as much as possible and to explore scenic back roads. An air-conditioned vehicle will travel behind the group as support.

### Day 1 Saigon – Vinh Long 69 km (L, D)

You will be met by your support staff and support vehicle at your hotel. Depart Saigon by vehicle to clear the main roads then begin your cycling adventure. Continue onto My Tho along the more secluded back roads. Along the way you will pass local villages and get to see people go about their daily lives. Locals working in the rice fields and roadside dragon fruit purveyors. Around lunch time you will reach My Tho where you will stop at a local restaurant for lunch in the Gateway city of the Mekong Delta.

After lunch, cycle to the Vinh Trang Pagoda built in 1849 by a Buddhist monk named Hue Dang after this cycle onto Vinh Thuy market passing through on your way to Cai Be.

Arrive in Cai Be late this afternoon where on arrival you will board a boat trip to your homestay. Tonight you will get to experience the local hospitality in a typical Vietnamese house.



### Day 2 Vinh Long – Tra Vinh 55 km (B, L, D)

This morning your homestay will serve breakfast after breakfast journey by boat to visit a local sweet making factory where you will get to see up close how coconut candy, rice paper, popcorn and pop rice is made. After the factory visit you will begin cycling along the country lanes passing orchards and seeing the colourful life on the river. As you pass by you will see the local children happily waving frantically as you pass. Stop for lunch at a local restaurant on your way to Tra Vinh.

After lunch, visit the Ba Om Pond which is a large square pond surrounded by trees and a pleasant place for a stroll and very picturesque. Finish the day in the Khmer town of Tra Vinh and stay at a local hotel in Tra Vinh.

### Day 3 Tra Vinh – Can Tho 55 km (B, L, D)

This morning after breakfast at the hotel journey through the town of Tra Vinh which is populated by Khmer people with many of the regional architecture in a Khmer style. Stop at the local temples and take it all in. By lunch time reach Tra On Town where you will have lunch at a local restaurant.

After lunch, continue onto Can Tho arriving at the Mekong’s largest town located on the confluence of the Can Tho and Haugiang rivers. Overnight in Can Tho.

<b>Day 4</b>	<b>Can Tho – Saigon</b>	<b>35km</b>	<b>(B, L)</b>
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An early morning start sees you taking a boat trip to visit the largest floating market in the Mekong at Cai Rang. The market is located at a busy river junction and you will see a large variety of local produce being sold from a multitude of boats. After returning back from the markets and back on land you will cycle through small villages with enthusiastic children greeting you on the way. The cycling journey concludes at Vinh Long alongside the Mekong River with lunch before driving back to Saigon.

**TOUR INFORMATION - minimum of 2 passengers**

**Total Distance:** 214 km  
**Road Surface:** This tour follows a mixture of well-surfaced roads and small dirt roads.  
**Support:** Air-conditioned support vehicle acts as support and transport luggage  
**Staff:** English speaking Vietnamese cycling guide, driver and assistants  
**Food:** All meals are included except for the breakfast on Day 1 and dinner on Day 4  
**Children:** Children over the age of 12 years old are welcome to join this tour

<b>Accommodation</b>	Cai Be	Homestay	
	Tra Vinh	Cuu Long Hotel	(Tourist class)
	Can Tho	Saigon Can Tho Hotel	(Tourist class)

<b>Price per person:</b>	<b>Twin/double</b>	<b>Triple/Quad</b>	<b>5/6 people</b>
<b>2 people</b>	<b>\$ 1270</b>	<b>\$ 1005</b>	<b>\$ 950</b>

**Includes:** Accommodation twin share or dorm meals specified, cycle hire; support by a/c vehicles; boat trips; water and snacks whilst riding; entrance to museums and sites mentioned; Vietnamese English speaking cycling guide(s)

**Excludes:** International Flights, Visa, personal items and gratuities.

Prices valid for travel to 31 December, 2017 and subject to change until paid in full. Subject to availability. Please refer to terms and conditions in our brochure or on our website [www.activeasia.co.nz](http://www.activeasia.co.nz)